



# Towards Multimodal Monitoring of Cognitive Workload for the Development of Personalized Flight Simulator Training Applications

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## Introduction

- Neurophysiological sensor designs with wireless/wearable miniaturize battery powered systems enable their use in ecological settings (McKendrick et al., 2018).
- The field of neuroergonomics emerge through this motivation to employ neuroimaging tools in the field, in real-world settings (Parasuraman & Rizzo, 2008).
- Existing studies showed great promise for decoding pilot/operator mental states (e.g. mental workload, drowsiness) inside training simulators (Gateau et al., 2018, İşbilir et al., 2019).
- EEG, fNIRS studies have shown that the signals are responsive to mental workload changes due to task episodes, mishaps, accidents, secondary tasks (Borghini et al., 2017; Dehais et al., 2020).

## Challenges Ahead

- Most approaches are based on offline analysis – a need for real-time pBCI approaches.
- Single modality is often inadequate, especially in the complex field settings triangulations among modalities are required:
  - Development of sound multimodal analysis techniques over sensors that monitor different physiological phenomena at different spatial/temporal scales.
  - Meaningful integration and interpretation of multimodal streams remains a challenge.
- Individual differences – the need to calibrate, adjust the measure to personalize observations, training regiments limit the wide applicability of BCI applications.
- Translation of pBCI enhanced training into the real world (e.g. pBCI in real flight conditions).
- Improving the signal quality and long-duration wearability/comfort of the sensors sustained use scenarios in real-life applications.

## References

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